



# CENTRAL SHENANDOAH HEALTH DISTRICT

WEEKLY COVID-19 UPDATE & CLINIC INFORMATION

**SEPTEMBER 3, 2021**

## **NEW THIS WEEK!**

### CSHD MOVING TO VASE+ SCHEDULING FOR COVID-19 VACCINE APPOINTMENTS

*Effective today, September 3, 2021, Central Shenandoah Health District has completely transitioned to a new scheduling platform called VASE+.*

If you previously scheduled an appointment using PrepMod for a clinic after September 6, your appointment will automatically migrate to the system, and you do not need to do anything else at this time.

To find a COVID-19 vaccine near you and schedule an appointment, click the link below!

**Visit VASE+ to find an  
appointment!**

### CSHD TO PROVIDE WEEKLY DRIVE-THROUGH TESTING CLINICS

CSHD is providing free, drive-through COVID-19 testing each week! No appointment is required. Testing clinics are available for individuals who currently have symptoms of COVID-19 or have been exposed to close contacts who tested positive, including those who have already been fully vaccinated.

- **Tuesday, September 7** from 8:00 am - 10:00 am at Augusta County Government Center
- **Friday, September 10** from 8:00 am - 10:00 am at Augusta County Government Center

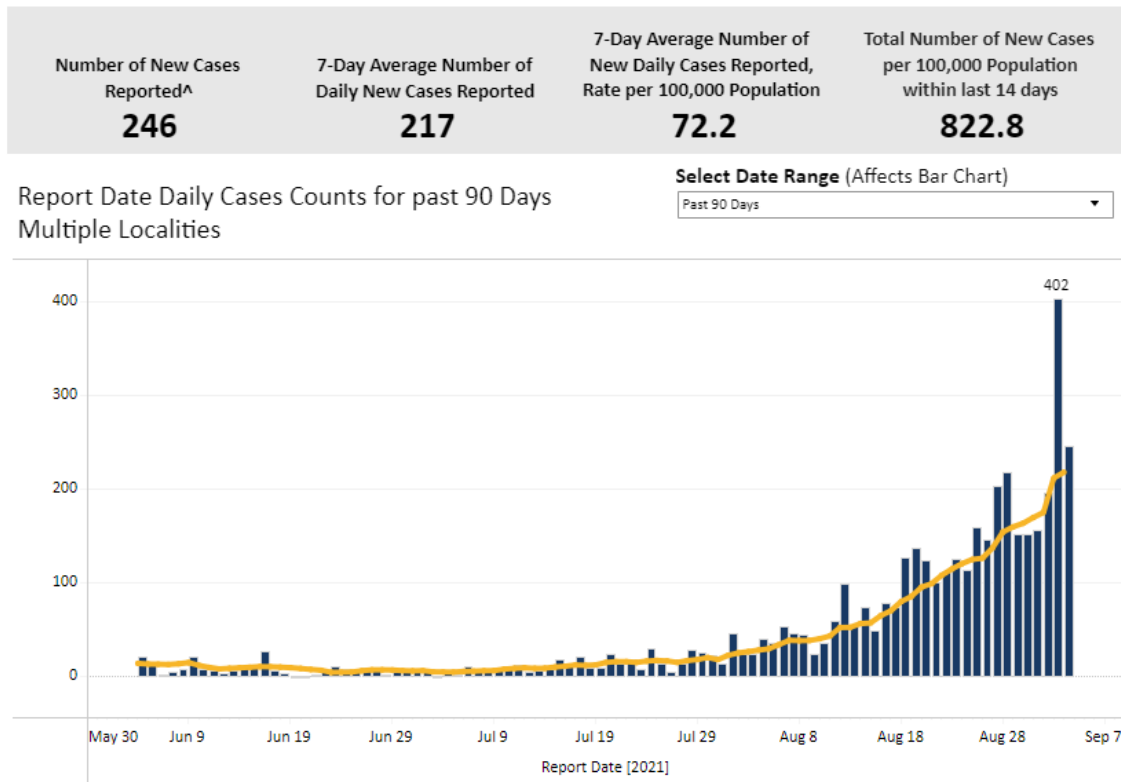
PCR tests available. A health department employee will call with results once available. Individuals should isolate until they receive a negative test.

**Read the most up-to-date testing  
guidance**

# CENTRAL SHENANDOAH HEALTH DISTRICT COVID-19 DATA

## Case Trends

The chart below illustrates the rate of cases throughout the Central Shenandoah Health District over the last 90 days.



## Case Data Breakdown

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found [here](#).

	7-Day Average Number of Daily New Cases Reported	Total Cases	Total Hospitalizations	Total Deaths
Rockingham County	40	7,721	456	116
Harrisonburg City	43	7,104	209	95
Augusta County	88	7,647	227	89
Staunton City	15	2,841	92	72
Waynesboro City	14	2,729	81	39
Rockbridge County	5	1,711	62	49
Lexington City	5	1,327	30	33
Buena Vista City	3	1000	29	22
Bath County	3	314	12	11
Highland County	0	126	1	1
<b>Totals:</b>	<b>216</b>	<b>32,520</b>	<b>1199</b>	<b>527</b>

## Vaccination Rates

You are considered to be fully vaccinated 2 weeks after your second dose in a 2-dose series or 2 weeks after a single-dose vaccine.

In the Central Shenandoah Health District, vaccination percentages are broken down by locality and city below:

	Percentage of Population receiving one dose	Percentage of Population fully vaccinated	Percentage of Adults receiving one dose	Percentage of Adults fully vaccinated
Rockingham County	49.8	45.4	59.8	54.7
Harrisonburg City	49.6	44.6	55.8	50.4
Augusta County	52.4	48.4	61.2	56.8
Staunton City	61.1	55.7	71.4	65.4
Waynesboro City	57.0	51.5	69.9	63.8
Rockbridge County	54.6	49.6	62.7	57.5
Lexington City	51.3	47.0	56.0	51.5
Buena Vista City	51.3	45.6	61.5	55.0
Bath County	51.7	45.6	59.2	52.4
Highland County	53.7	51.0	60.8	58.0
<b>Totals:</b>	<b>53.3</b>	<b>48.4</b>	<b>61.8</b>	<b>56.6</b>

### Data Sources - Find out more!

The Virginia Department of Health maintains a COVID-19 dashboard containing case, vaccination and transmission data. To find out more about this data and how it is collected, click the link below!

Visit the VDH COVID-19 Data  
Dashboard

# COVID-19 MITIGATION



Vaccination is our number one line of defense in defeating COVID-19. All COVID-19 vaccines approved and authorized in the United States are safe, effective and free. **The Central Shenandoah Health District encourages everyone who is eligible to receive the COVID-19 vaccine do so as soon as possible!**

***In addition to vaccination***, layering other public health mitigation measures can keep you and your family safe! This can include:

- **Masking up in areas of high transmission**, even if you have already been vaccinated. Currently, the majority of localities throughout the state are in a state of substantial to high transmission. Read more about transmission [here](#).
- **Practice physical distancing (also known as social distancing)**, and stay 6 feet apart from others. It is a way to slow the spread of COVID-19 by reducing close contact between people. The closer you are to other people who are not fully vaccinated and the more time you spend with those people, the higher the risk of COVID-19 spread.
- **Wash your hands often with soap and water for at least 20 seconds.** If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol, rubbing your hands together for at least 30 seconds until they are dry.

Read more about COVID-19 Mitigation Best  
Practices

## STATEMENT REGARDING THIRD DOSES OF COVID-19 VACCINE

Central Shenandoah Health District has started providing 3rd dose mRNA shots (Pfizer and Moderna) for

immunocompromised persons immediately. CSHD currently offers 3rd dose mRNA COVID-19 vaccine shots at all mRNA COVID-19 vaccine clinics. Eligible persons can schedule their 3rd dose mRNA shots with the Central Shenandoah Health District by going to [vaccineappointments.virginia.gov](https://vaccineappointments.virginia.gov). Walk-in appointments are available at some clinics as well. Appointments are preferred. CSHD expects to be able to meet the local demand for 3rd dose mRNA shots for eligible persons. At this time, additional doses of Johnson & Johnson OR a dose of an mRNA vaccine is not recommended individuals who received the one-shot Johnson & Johnson vaccine.

## WHAT'S THE DIFFERENCE BETWEEN A THIRD DOSE AND A BOOSTER SHOT?

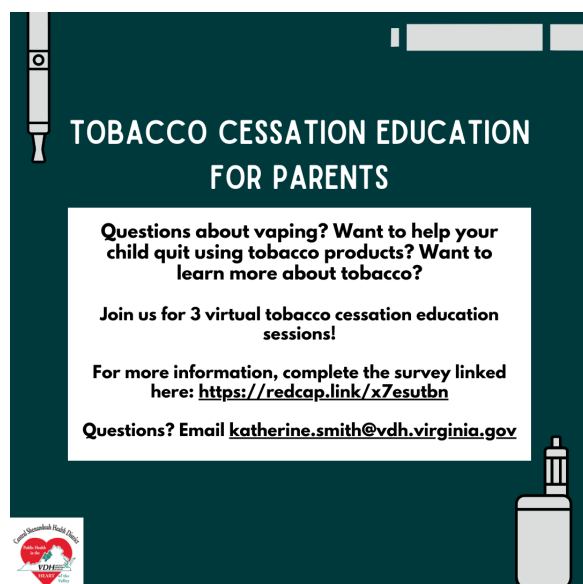
### COVID-19 Vaccine 3rd Dose

- **Purpose:** To improve immunocompromised people's immune response to the 1st and 2nd doses; a 3rd dose is now recommended as part of the COVID-19 vaccine series for people who are immunocompromised. A 3rd dose is helpful for people who are immunocompromised because their initial immune response to the 1st and 2nd doses may not have provided them with strong enough protection like it did for people who are not immunocompromised.
- **Who:** Immunocompromised People
- **When:** At least 28 days (or later) after the 2nd dose.
- **Availability:** CSHD is currently providing 3rd dose vaccine appointments to the people who are immunocompromised and were vaccinated with an mRNA vaccine (Moderna or Pfizer).

### COVID-19 Vaccine Booster Shot

- **Purpose:** To boost the immunity of people who are not immunocompromised as the strong protection developed from the 1st and 2nd doses decreases over time.
- **Who:** General Public
- **When:** To be determined
- **Availability:** CSHD is waiting for further guidance on when to offer booster shots to the general public and who in the general public booster shots will be recommended for.
- **NOTE** - The FDA and CDC are still in the process of reviewing available information and making final decisions about the booster shot. Some of the booster shot information may be adjusted after final decisions are shared.

## Health Education Corner



**TOBACCO CESSATION EDUCATION FOR PARENTS**

Questions about vaping? Want to help your child quit using tobacco products? Want to learn more about tobacco?

Join us for 3 virtual tobacco cessation education sessions!

For more information, complete the survey linked here: <https://redcap.link/x7esutbn>

Questions? Email [katherine.smith@vdh.virginia.gov](mailto:katherine.smith@vdh.virginia.gov)

Central Shenandoah Health District  
VIRGINIA DEPARTMENT OF HEALTH  
2022

Tobacco use is the leading cause of preventable disease, disability, and death in the United States. According to the Youth Risk Behavior Survey and the National Youth Tobacco Survey:

- 88% of adult daily cigarette smokers report first trying cigarette smoking before they were 18 years old
- 3.6 million youth use e-cigarettes (vapes, Juuls, etc.)
- 22.5% of high school students use e-cigarettes (vapes, Juuls, etc.) daily

Tobacco, e-cigarettes, vapes, Juuls, etc. contain nicotine and these statistics suggest that a large percentage of our high school students are dependent on nicotine.

There are many tools to help end this public health crisis like policy changes, education, and more.

As a community, we can start to address this public health crisis by educating parents about addiction and giving them the tools they need to help their children end their dependence on Nicotine products. It is important to show our children compassion as we guide them on their journey to quit tobacco use.

The Central Shenandoah Health District is excited to offer a three session Tobacco Cessation Education Program. If

you are interested in learning more about this program, please complete the survey linked here: <https://redcap.link/6uvdfs8v>

This program is open to anyone interested in learning about tobacco products and tools to quit. If you have any questions, please reach out to Katherine Smith, Health Educator, at [katherine.smith@vdh.virginia.gov](mailto:katherine.smith@vdh.virginia.gov).

# COVID-19 VACCINE CLINICS

Click the button below for a full list of COVID-19 vaccine clinics happening in the Central Shenandoah Health District. The clinics are separated by region. Please note that the Pfizer vaccine is approved for ages 12+ and the Moderna and Johnson & Johnson vaccines are approved for ages 18+. These schedules are subject to change

**You can register for these clinics at [vase.vdh.virginia.gov](https://vase.vdh.virginia.gov).**

View the COVID-19 Community  
Calendars

We also continue to partner with organizations throughout the district to provide access to COVID-19 vaccines. Visit the websites below for COVID-19 vaccine clinics operated by our community partners!

- Augusta Health: <https://vaccinate.augustahealth.com/vaccine-appointments/>
- Carilion Rockbridge Community Hospital: <https://www.carilionclinic.org/covid-19-vaccine#latest-updates>
- Health Community Health Centers: <https://www.hburgchc.org/covid-19-2/>
- Rockbridge Area Health Center: <https://www.rockahc.org/coronavirus-covid-19-updates/>
- Sentra Rockingham Memorial Hospital: <https://www.sentara.com/harrisonburg-virginia/covid-19-information.aspx>

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here!

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**FOR MORE INFORMATION ABOUT COVID-19, VISIT:**  
<https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/>

